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**Title: Trip to strip, ok**

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You say you want to go to the strip club with the guys. Your Girl says no. You say it's just harmless bonding ... so what's her issue?

Granted, overstuffed women flouncing around in plastic nurse outfits with nails longer than their fingers and lips drawn outside the lines shouldn't be a threat to your Honey.

But, if you're not taking care of your Girl, she's not going to be comfortable with you giving the attention elsewhere, especially if you have to pay for it.

Does she have a point? Are you leaving home without doing your housework? Is this strip club thing a pattern with you?

Take a look at why you're going. If you're trying to get away from your Lady, she'll feel it. When you get back home and you're still wishing you were watching the stage, she'll know it. Women are good like that.

Invest in your relationship

A bachelor party or a casual guy bonding night is far different than regular visits. If on any open night you'd rather pay cash to a stripper than pay attention to your Girl, there's trouble. When your tips are supporting Candy's third boob job, but your idea of a perfect Saturday night date with your Lady is slumming it Mickey D's style, there's trouble. When you're cuddling with your baby but long for the smell of stale perfume, it's time to regroup.

Despite Candy's claim to be a student of psychotherapy, dropping big bills in her G-string will get you no closer to answering your relationship questions. Save the cash.

If your relationship is staler than the air in your buddy's bathroom, your Honey is also aware of it. Talk to her. Figure out what's happening with the two of you. Take the time to get your connection back. Going out will never help you get back in. If you're not investing time or money in your woman, she'll feel shortchanged.

Make it about both of you

On the other hand, if all is thumping in your love shack and what you're looking for is a little inspiration, Candy might just be your sugar. But try including your Honey in the experience.

Some women find going to the club with their guys erotic, and your Lady might just be one of them. These overexposed, um, classic dancers of Silicone Valley can be wonderful

instructors of erotica. Perhaps the experience will inspire further creativity between you and your partner.

Regardless if she's with you at the club or not, share the night with your Girl. Before you leave home, agree on boundaries, both on and off the lap. The more the two of you are comfortable getting into it, the more you can get out of it. Keep it about the two of you.

If you want to make the trip to the strip club work for you, not against you, try calling her at midnight to tell her you're thinking about her (and what you want to do for her later). If she's into it, describe what's going on and how much better it would be if you were watching her.

And ladies, if your guy is taking care of you and this is a random night out, choose your battles.

Think about it ... you'll reap the benefits without breaking a sweat.

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