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**Title: Sex on the first date, use your mouth**  
**Author: Laura Baron**  
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Even though it was your first date, the conversation was crazy fierce. The bartender couldn't shake them fast enough to keep your mouths wet. Suddenly, doused in the haze of fast sex, you lie by the side of a woman whose last name you know only phonetically, and wonder, now what?

It was all so blue-cheese-stuffed olive, martini-drinking smooth the night before. It seemed so perfect. Perfect date, perfect Girl, and then you had to go and put the ultimate two-handed strangle on a simply lovely connection: Sex with an Intimate Stranger.

Yes, it may have seemed like the perfect plan to stop the talking and start the doing, but it left you with no true understanding of each other's needs. In fact, the only real safety net you have is the condom you used the night before. You did use a condom didn't you? Unsafe sex is so passe. So you did? Excellent. Back to the morning after, shall we ...

You might not know if your Intimate Stranger likes omelets or waffles in the morning. But no doubt she'll still prefer a Gentleman over a Schmuck. She was dressed to impress the night before--keep her comfortable and lend her some of your gear. Everyone knows black-patent leather stilettos, jeans and sequins isn't a morning jogging outfit. The walk of shame can feel appropriately titled. Don't let the outside world in to judge.

Either drive her home or call the taxi. Pay for the taxi. Make sure she gets home safely. Although the night is over, you haven't gotten off until your Intimate Stranger has safely been escorted home.

It comes down to one word. Respect. Note the capital R. Certainly, the responsibility is shared. But make yours the responsibility to keep her feeling safe. Take the risk. Initiate the conversation, discuss the evening. Although it may feel too soon to start talking feelings with your Intimate Stranger, reconsider. After all, the night before you were just one accident short of singing lullabies.

You managed to eloquently communicate between the sheets, don't stop now. Conversation is vital. Make the time. Blow off the game. Take care of her. Treat her mind as intimately as you did her body. Leave no one vulnerable.

What you do in this time determines the kind of man you are. Do not dismiss its importance. If you're thinking it, she already senses it. So be open.

Give her the respect to communicate those thoughts. Let her know your intentions. Find out hers. If you want to pursue something, say it. If you want to call, plan it. If necessary, take the time. But first, give the courtesy. Call earlier than you normally would, even later that day or early next. No matter your intention, care enough to check in--you

wanted to the other night.

Some relationships can start with sex. Just because you got busy immediately does not mean there is no chance for the future. Realize, however, the potential to get physically distracted instead of concentrating on what truly matters in developing the relationship. It's for the two of you to determine.

For now, concentrate on the foundation of what made that night special upfront. It takes time to form romance. And maybe that night was all you wanted. Fine, say it. Maybe she wanted the same thing.

Treat her well and her friends will know. Treat her poorly and everybody will know. Treat her with respect and she will reciprocate.

You chose to sleep together. Choose to be a gentleman. Be a man, not a reputation.

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*Author: Laura Baron. REDEYE SPECIAL CONTRIBUTOR LAURA BARON IS A RELATIONSHIP COACH BASED IN CHICAGO. SHE CAN BE SEEN THURSDAYS ON "WGN MORNING NEWS."*

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