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**Title: Ready for sex? Build an emotional bond first**  
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You're into her. She's got a sick sense of humor, is easy on the eyes and seems to actually believe your jokes are funny. Admit it, you're into her, and you want to make the ultimate move but don't want to blow it by going too fast or knock it by going too slow. She's rocking your world on every level, except in the bedroom, where things are as still as ever.

As you sit numb in front of your Beauty, contemplating kicking up the beat box a level, you stay paralyzed in indecision. When is the right time to start sleeping together?

Clearly, sex on the first date is a bad idea if you want more than pancakes the next morning with her. It's as unsophisticated as sucking the juice from a grape and calling it wine. Besides, by that point, you know little about her except that she seems unlikely to have committed a felony and is most likely a woman. Everything else is up for debate.

So why get busy early when you don't even know what you're getting into? A man who makes a premature jump into the sack smells of desperation. It sends one of two messages: Either you haven't gotten laid in a while, which will make her wonder why every other woman is staying away, or you've got no other game. Neither is attractive. Sure, you can sleep together without knowing each other's last names, but chances are it's not going to work out. There's too much pressure to be as exciting in real life as you are in bed. And most likely, you're not. Initial physical chemistry will always be cooler.

So give yourself time. Take a step back. Understand what you want in the future with this Beauty. Create the space to figure out your intentions. Go from there. You're into her? Tell her. Be straight with her. No begging, no games. And then it's on her turf. If she's in, bonus. If she's not, back to the blow-up doll. It's that simple.

Get to know her. Drop The Donald approach, no hard-hitting interview questions here. Figure out who this woman actually is. Listen to her. Ask what you really want to know. Then open up this Beauty with some good old-fashioned conversation. Groove on in. Make a connection.

Then, explore foreplay until you can no longer. It can be even more intimate than sex itself. Foreplay requires true patience, a watchful eye and appreciation for all that scintillates the other. It will continue to slowly build your sexual relationship and train you both to watch and know what satisfies each other.

Sex is merely about the now. But it's the moment after that you need to own. Decide if you're there yet. Decide if you're prepared to take the responsibility for the intensity heightened and often confused by intimacy. Be ready for the morning-after conversation as you lie next to each other wondering what's next. Be open and ready to talk.

In the end, making a true effort can only work to your benefit. A woman who feels safe with you emotionally will be more trusting and open to you physically. It'll make the transition to a physical relationship that much easier. Before you have sex, already know her inside and out. Build a bond long before your bodies touch. No clock or calendar can predict the right time. Get that sick chemistry going. A fueled conversation on top of it, and you've got yourself an explosion. Enjoy.

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