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Title: Get kinky--but leave the video camera off
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You've had a couple of drinks, and you're feeling frisky. Your Main Man lunges toward you with a soft, seductive kiss and a whisper of things to come. You follow him into the bedroom ready to go to town when you notice he's holding a video camera. As his grin begs for your permission, you stand in the doorway deciding if you want the lights and camera on your action.

You guys have talked about amping up your sex life. You've been together for a while. You trust him, so why not?

You think you're self-conscious about that pimple on your tush now? Just you wait, sister. Unless you're planning on destroying the tape immediately, there's no guarantee whose eyes will be watching you back up into this mess. Look forward.

What happens if your relationship starts dialing down? That Memorex moment will look entirely different to you. It's the kind of ammo that will blow up at any stage and devastate unforeseen areas of your life. It's about respecting yourself and your future.

Privacy has become public domain. The chance of the tape going public and out of your control is very real. Just ask Paris. The Internet is a massive love fest for this kind of thing. So, why offer it up? When the red light flashes, stop before you get yourself into a real jam.

Even if it doesn't become a scandal and no one but you and your Guy see it, is it worth the risk? For what? No need to prove your trust. You get intimate with each other, that's proof enough.

Now if you're keen on the camera because you want to see how you look, get in front of a mirror instead and watch yourselves. Explore each other live. Take the time to connect. Talk each other through what you like. Hold your eye contact through the mirror and then take your peeks when you see fit. Heighten the experience as you're experiencing it. You don't need to plug it in to get you turned on.

Explore your options together. Just because there's no camera doesn't mean you can't give a performance of a lifetime. Free yourself up. Play porn star if you want to. When you're in an honest and trusting relationship, you've got freedom. As long as you both want it and keep the lines of communication open, the dessert-topping aisle is yours for the tasting.

There are no rules except those that you and your Guy set. Just stay safe and open. You can always say no. You can always say yes. It's just the two of you. If it does it for you two, it's all good.

Take precautionary measures, then go for it. Pick him up after work wearing just one of his ties and a long coat. Seek out a bondage club, after please learning how to properly undo a tie. Meet him at a hotel room in the middle of the day. Swing from the ceiling in a lover's suite. Role play. School him and be the teacher he always wanted. On your way to dinner one night, serve him up some appetizers in an alley. Please and get pleased. Trust and explore. Let every aspect of your relationship surprise and excite you.

It's your sex life, create it. Get kinky, explore each other. You have unlimited options with endless resources if you keep yourselves open. All you need is a little creativity with a partner you adore.

No need to be a professional to try these stunts at home. You can still perform like a porn star.

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