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Title: For the guys: Secrets to understanding women
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Perplexed men have been asking me for the secret to better understanding women. So I dedicate this column to that very mission. Guys, this one's for you.

She gives you the fancy eye roll, shrug and scooch back. She's playing the "if you don't know, then you don't know me" card. What are you supposed to do? Here are some translations for some complicated female moves.

The "I don't care (but really I do)"

You ask what she wants for dinner, and she says she doesn't care. Slow down your horse and get out of the Wiener Dog stall. All she means is that she doesn't care which of the aforementioned examples of her favorite tastes you choose. When she picks sushi every time, take that as a hint. Your woman wants sushi. "I don't care" refers to the action of not caring WHICH sushi joint you go to, not WHAT you eat. Even if you don't want it, acknowledge you know her preference, and you'll be in.

The "You can have the digits but never me"

She gives you her number. You're stoked. You call. The two of you talk; it's like magic. And, then, nothing, nada. The date, reservations and chills are made, but suddenly when you call to confirm, she doesn't pick up. What happened? Her bad. Unless you freaked on her midway, she was most likely never crazed about your stuff. She just didn't know how to stop the cycle. Have dignity. If she's rude enough to blow you off, be bold enough to walk away.

The "My battle's longer than yours"

You get in a spat. You pay your dues, spend your time, and then you think it's over. Not so much. In this case, it's about what she's not saying. Read her body signals. Has she warmed up to you and gotten back into cuddle mode, or can you still feel her prickles from the other side of the room? If she's still distant, it's not over. The faster you hammer it out the faster the deal will be done. So do yourself a favor and take the initiative.

The "Piece of lettuce and whatever he's having"

She orders a salad but eats your mashed potatoes, fried onion rings and cheeseburger. C'mon now, is this really that difficult to figure out? You're wondering why didn't she just order it herself. Hello? Everyone knows that eating off another person's plate reduces the absorption rate and intake of calories.

The "Share your feelings"

When a woman asks "what are you thinking?" she wants conversation. If the deliciously pensive look on your face is about the movement in your bracket, give her more than the topic sentence. She's looking for a connection. You want to talk brackets? Fine. Tell her what they mean to you, how they make you feel. Don't be a one-sentence Willy.

The "How do you think Britney Spears got so popular?"

She seems like a good girl on the outside but wants her sweater set ripped off once you get to the bedroom. How do you tell who she really is? She is the good girl, the bad girl and, if you're lucky, your girl all in one. Drop the judgments and start the pleasing. Don't concern yourself with definitions and get into the pleasure of it all. Be the man that lets her explore every woman she wants to be.

There, now you know everything. Well, almost ...

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